

Co-funded by the
Erasmus+ Programme
of the European Union



Erasmus+ 'Better Together' Project 2018-2020 Project. March 2019
ITC visit to Ballard school.

Cookery Challenge: Ballard school with Mrs Le Good.

Overview: Traditional food of the British Isles.

This afternoon we would like to see how effectively you can work in teams to achieve an outcome!

Task: Create a traditional dish for each of the four nations that make up the British Isles.

Follow up tasks: Consider the following:

- Why food is so important to a nation?.....
.....
- How can food be said to reflect cultural identity?.....
- Think about the ingredients for today's recipes- what do they suggest to you about the British way of life?.....
.....
- Which did you prefer personally?.....
.....
- How does it differ from your own everyday eating habits?.....
.....
.....

