



COVID- 19 - Risk Assessment Points to consider

“ Activities taking place in PE lessons and Physical activity sessions should be strictly non-contact and these conditions shared with the pupils”.

Teaching areas

Encourage outdoor PE to support social distancing.

- Outdoor environments are more conducive in ensuring social distancing measures are adhered to, without corridors and entrances and exits. However, having said, that if the weather is inclement, working indoors is acceptable as long as the same social distancing measure are adhered to. It may take longer for pupils to enter and exit lessons and more cleaning may need to take place so this should be factored into the lesson time.

Pupil should work in their own zone which may be marked out, depending on allocated teaching space. PE outside should be preferable to indoor PE.

- Zones and nets may help pupils remain 2m apart from one another.
- If however the activity does not remain in one place like Athletics, reiterate before pupils set off that social distancing is to be observed and monitor the movement of pupils.

Developing and Understanding Expectations

A briefing must be held at the start of the lesson to enforce - “Non Contact”:

- Share expectations and new working routines with pupils.
- Consider an induction style lesson where you walk through the new lesson routines including how to enter and exit the lesson, change, create your own working space etc.
- Explain why non-contact is important and what things have to be avoided including examples like sharing equipment and what an appropriate distance between individuals looks like.

Ballard Sport - New operating procedures

Covid-19 PE policy June 2020:

The Ballard Sports Restrictive Curriculum:

1. Warm up in Grids
2. Volleyball in pairs.
3. Tennis – Pairs or Singles
4. Athletics – Jumping and Running

As and when lockdown restrictions are eased, , Cricket and Rounders could be considered.

Protective Measures and Hygiene:

PE equipment

Equipment will need to be cleaned after each use. This will be the equipment used in the lesson and will be completed by the PE staff.

Some equipment might be difficult to clean where as others may not be for example, a tennis ball is comparatively very hard to clean in comparison to a Volleyball.

Tennis Rackets or items they consistently play with are easy to play with throughout, however the sharing of Cricket bats and Rounders bats for each pupil may also be problematic. Therefore, if equipment is to be used each pupil should have their own in each lesson rather than sharing equipment between pupils.

Protective measures: *to avoid mixing other than in small groups of 4 or 5.*

- Warm Up Zones - Maintenance team to mark out grids on your playing fields two meters apart to define individual working zones.
- 4 x Volleyball Courts, Small and Large Tennis Courts
- Changing rooms will be avoided all together. All pupils are expected to come to PE already changed and with trainers on.

Hygiene: *Ensure there are sufficient tissues available for ensuring good respiratory hygiene – i.e. 'catch it, bag it, bin it' approach. Tissues to be placed in the lidded tissue only bin.*

- Encourage pupils to bring in their own hand sanitiser and tissues, and have spares for those who run out or do not have any.
- Staff must have their own whistle and not share.

Cleaning: *Ensure sufficient standard cleaning equipment is available: Consideration needed for spray and wipes for Balls, rackets and Rakes.*

Have a readily available and well stocked (and checked) supply of cleaning products around your working spaces, in the PE office, gym (only if too wet to go outside), Encourage regular cleaning of

PE equipment (balls, rackets and rakes, Bats at a later point) and working areas before and after their use.

Social distancing within lessons

You should ensure that all lesson activity adheres to the social distancing rules in place at the time of delivery. This means team games involving contact are currently not possible.

- Regularly check for updates to see how and when restrictions are being lifted.

Washing hands/ hand sanitiser

Opportunities for hand washing before and after the lesson must be available.

- We need to Consider what sinks will be used whilst maintaining social distancing. Rota of 4 at a time needed.
- Yr10 PAC toilets only
- Y6 Senior Toilets.
- **THE PE TOILET AREAS OR CHANGING ROOM CANNOT BE USED!**

Hand sanitiser should be readily available for students to use throughout the day. This is in addition to regular hand washing. A sanitiser will be available as you exit the field near the boys changing rooms