

# Our Sporting Heritage...



## Mikey Jones MBE

Mikey loved his football but it has been in the pool that he has made his mark. In Rio 2016 he won the Gold Medal for the Men's S7 400m Freestyle in the Paralympic Games. He struck gold again in the S7 400m Freestyle at the European

Championships last year, despite having surgery on his shoulder in the spring. Mikey is currently taking part in the 2019 World Para Swimming Allianz Championships in London. Good luck Mikey.



## The Stocker Sisters

Natasha (17), Anastacia (16) and Sophie Stocker (14) have been combining their studies with ski-

training in both Colorado and NZ this year. Natasha now races at FIS level (over 16), where she races internationally around the globe. When not skiing Tash is out on her mountain bike or doing hill sprints drylands training. Ana qualified for the Rocky Mountain Division Championships U16 but unfortunately was injured in her first race so was unable to compete. She will now move up to FIS (over 16). Ana continues to dance when not skiing. Sophie had a good season and was selected to represent GBR in the U14's, in the Czech Republic where she placed 6th overall in Slalom and 10th in Giant Slalom. She then went on to place second in the Super G at the British Championship U14 in France. Sophie has also been reselected to play hockey at the Southampton Performance Centre. Well done girls.



## Theo Shaw

Theo (14) won a Gold Medal at the ISA Nationals Athletics for the javelin. He was also part of our Bronze Medal winning 100m relay team at the Regionals. Theo started out as a gymnast, which has proved an excellent foundation for all

sports, helping develop core strength, balance and coordination. He also enjoys windsurfing and wave sailing. This year Theo will compete in the British Wavesailing Association circuit, which takes place at 4 different locations in the UK. Wavesailing is essentially windsurfing with the added power of breaking waves, which enables competitors to add tricks which are graded by a panel of expert judges. Starting with the largest competition, Theo heads to Scotland to compete in a week-long event. Good luck Theo.



## Ella Adams

Ella (15) is the new national champion for both the 100m and part of the 4x100m relay winning team. Ella also competed in the national volleyball doubles competition held in Poole last year. In her spare time

Ella is also a keen on windsurfing and paddle boarding. This year she has been invited to attend the Hampshire JDC trials for hockey. Good luck Ella.



## Zoë Cox

Zoë (13) was the winner of our Triathlon this year but it was her swimming that led her to become a national champion. This year it was her 3rd time to qualify for the ISA Nationals in swimming and it seemed

to be 3rd time lucky for her as she produced her best results yet. Zoë achieved a bronze medal and a Personal Best time in a hard fought 50m breaststroke race and then went on to win a Gold Medal in the 200m Medley Relay and a Gold in the 200m Freestyle Relay event. Zoë also rides for Burley Pony Club and plays Hockey for Hampshire DC. Well done Zoë.



## Olly Phillips

Olly (12) won the Ballard Triathlon again this year and as well as playing rugby he is a keen sailor. Olly won the RS Tera (Pro) sailing races at both the Tera Pro Felfham Open Meeting and the Mudeford Sailing Club Open event. Well done Olly.



## Jemima Chetwood

Jemima (8) won a Silver Medal at the ISA Nationals this summer for the 600m, competing a year ahead of her age-group. Earlier in the year she got a Bronze Medal at the ISA regionals for Cross-country and again was the first girl in her year group. Congratulations Jemima.



Ballard provides a positive and inclusive award-winning sports provision with specialist PE teachers teaching all pupils from Reception upwards. Streaming (from Year 3) allows sport for all and our huge range of activities (25) widens the appeal of sport to everyone.

We offer a multitude of sports clubs for all: e.g. Year R-2 are offered Multi-skills clubs, fitness and running clubs, Junior Athletics Club and for an additional charge, Ballard Gymnastics Club and horse-riding.

With a specialist sports academy, sports prefects, sports scholars, and exceptional mentoring and coaching opportunities, we promote excellence in sportsmanship, independence and team play throughout.

We have seen team success this year in many local and regional sports festivals including athletics, cross-country, football, hockey, tag rugby, sailing and swimming.

Over the last couple of years we have gained national titles for: athletics, girls' football, hockey, sailing, skiing and swimming.

As well as winning a wide-range of team competitions, we also support pupils in their success out of school across a wide range of Representative Sports including: Athletics, Badminton, Cricket, Cross-country, Diving, Equestrian, Football, Gymnastics, Hockey, Karate, Netball, Pony Club Triathlon, Power Boating, Rugby, Sailing, Skiing, Squash, Swimming, Tennis, Triathlon, Volleyball and many more...

Other sporting opportunities include sports camps at Easter and Summer and many trips including Jersey, Malta, Liddington and skiing. We partner many sports organisations including; New Forest Soccer, New Milton Cricket Club, New Forest Volleyball Club and Lymington Netball Club. We also work closely with many local schools hosting workshops and ISA events.



# BALLARD

BESPOKE EDUCATION  
Award-Winning Co-Educational Day School  
for ages 2-16, serving Hampshire & Dorset

## Hannah Snellgrove

Lymington sailor Hannah has managed to become one of the top 10 female Laser Radial sailors in the world (the Women's Single-handed Olympic Class). A three times National Champion, Hannah came seventh in both the World Championships and the World Cup this summer in Japan, ahead of the Tokyo Olympics. Her next goal is to achieve a major international podium, and the ultimate dream is to bring an Olympic medal back home to Great Britain. Good luck Hannah.



## The Nurse Brothers

Tim Nurse (20) (pictured) currently plays for the U21 England Hockey team. This summer he not only won a Silver Medal at the European Championships, but also was awarded Best Player of the Tournament – an amazing accolade considering he played against Germany, Netherlands, Spain and Belgium (amongst others). Tim hopes to be selected again for GB U23 team to defend their Gold Medal at the Sultan of Johor Cup in Malaysia in October. Good luck Tim.



Younger brother Nick (17) meanwhile has just been selected for the Futures Cup for England U18 National Age Group Squad and has had an amazing year reaching the National Finals for his Senior school and club in the indoor and outdoor championships. Well done Nick.

## Lana Blake

Lana Blake (15), had an incredible Athletics season this year. She won Gold Medals in the ISA London South West Regionals for both the 200 metres and the long jump as well as being part of the Ballard winning 100m relay team. Lana missed the ISA Nationals so that she could focus on the English Schools and is now a national champion in the 4x100 relay and the proud owner of an England vest. Lana also won a Gold Medal in the long jump at the South West Championships and the Bournemouth Open. She also gained a Bronze Medal in long jump in the South of England Championships. Well done Lana.



## George Williams

George (15) is both a keen skier and an equestrian. Part of the Ballard Ski Team who won Gold at the Nationals last year George was 5th in the U16 National School Indoor Ski Series this year. George and his horse Gold Digger came third in the National School Equestrian Association championships, jumping two clear rounds. Well done George.



## Hannah Hughes

Hannah (14) is part of AFC's Bournemouth's Junior Team and played with them against Tottenham in the Junior Premier League, helping them to a 2-1 victory. Hannah was also their second-highest goal-scorer last season with an incredible 39 goals! Hannah played hockey and cricket to a high standard and was the first girl to gain her cricket colours at Ballard last year. She also came third in the London and South West regionals for the Javelin. Well done Hannah.



## Carla Rudkin-Guillen

Carla (12) achieved her black belt in Karate in December 2017 and has since won a variety of national titles as well as the Berlin International Karate Championships in February 2018. This year she won a Silver Medal in the U13 Kata and a Bronze in the U16 Kata at the Nationals. Carla also won a Silver Medal in the U14 Kata category, just losing 3-2 in the final. Carla also competed in the U14 Yrs Kumite (Combat) and went on to win a Bronze Medal. Carla now holds Silver medals at all the UK major titles; English, British and British International Open and still has another year in her category. Well done Carla.



## Maxi Charlton

Maxi (7) was selected for the Dorset County U8 Tennis team. He was also the winner of the U8 Christchurch Tennis Festival and runner up in the U8 County Tour at Wimborne. He finished 12th overall in the Hampshire and IOW County Championships. Well done Maxi.



## Scholarships available for September 2020 entry

We have some exceptional Sports Scholars at Ballard and if you believe you have got what it takes to join them, please contact our registrar: [registrar@ballardschool.co.uk](mailto:registrar@ballardschool.co.uk)