

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DATE
LUNCH	Lamb Koftas, Chargrilled Vegetable Cous Cous  or  Beef Bolognaise Wholewheat Pasta, Broccoli	Barbecue Pork Ribs Spiced Rice and Sweetcorn Salsa or  Fish Fingers  Mashed Potato, Peas and Carrots	Meatball Pasta Bake, Green Beans or  King Prawn, Lemon and Rocket Risotto  Garlic Bread, Baby Leaf Salad	Roast Pork  or  Chicken and Leek Pie  Broccoli, Baton Carrots, Roast Potatoes	Tortilla Wrap of the Day  or  Fishcakes  Coleslaw, Chips, Peas Or Mixed Salad	D
VEGETARIAN	Bolognaise, Wholewheat Fusilli Pasta	Barbecue Portobello Mushroom,  Spiced Rice and Sweetcorn Salsa	Vegetarian Meatball Pasta Bake	Ricotta, Feta and Spinach Pie  Roast Potatoes, Carrots and Broccoli	Harissa Spiced Chickpea Tortilla Wrap	Z
DESSERT	Peach Crumble Custard or Double Cream  or  Fresh Fruit	Butterscotch Brownie or  Fruit Yoghurt	Vanilla Panna cotta and Strawberries or  Fruit Salad	Banoffee Pie  or  Mixed Fruit Yoghurt	Cherry and Chocolate Meringue or  Flapjack	W
NURSE & PREPREP	Pasta Bolognese Broccoli  Peach Crumble and Custard	Fish Fingers Baked Beans and Mashed Potatoes  Butterscotch Brownie	Meatball Pasta Bake Sweetcorn and Green Beans  Panna cotta with Strawberries	Roast Gammon  Broccoli, Baton Carrots and Roast Potatoes  Banoffee Pie	Sausages  Chips and Peas  Cherry and Chocolate Meringue	W WEEK 3

Also available everyday: A wide choice of cold meats, daily salad specials, homemade soup, jacket potatoes, yoghurt, fruit salad and fresh fruit - all from the salad bar.