



Football

We have several talented footballers at Ballard, including former Head Boy, Blu, with Eastleigh FC and former Deputy Head Girl, Hannah, with Bournemouth FC (both pictured). We also have five boys and two girls who have been selected to play for the Prep School Lions and Lionesses.

FA Girl's Football Partnership

Ballard has been selected to partner the FA as they aim to give every girl equal access to football in school by 2024. We have a group of girls who are trained 'football activators', creating and leading their own tournament. Many of our girls play, including four in Sway's U13 League Championship team, helping them to win back-to-back promotions in the Hampshire Girls League, progressing to the top division.



Athletics

From Nursery to the Nationals, our pupils have had an incredibly successful summer of athletics. In Nursery the foundations are laid - co-ordination, balance, flexibility and speed. Our Lower Prep in particular have discovered a love of running during our morning football games.

With 27 medals; winning both U17 relays, the U17 overall Championship and the U17 Girls' Championship, Ballard had its best ever New Forest Schools Athletics Meet. Followed by ISA Regional success with 38 medals, including a couple of championship records. Our eight Gold medallists reached the finals, winning an impressive 7 medals: Gold - Jemima (Y6) and Frankie (Y10); Silver - Frankie (Y10) and Aurelia (Y7); Bronze - Max (Y6), Sophie (Y7) and Aurelia (Y7).

Sporting Success

Making tomorrow's stars today

Ballard provides a positive, inclusive, award-winning sports provision with specialist teachers for all pupils. Ballard's approach is that sport and its benefits are for life. Streaming allows sport for all and our huge range of activities (25) widens the appeal. There are exceptional mentoring and coaching opportunities for pupils.

Over the last few years, Ballard pupils and teams have also gained national titles across a range of sports. We also support pupils in their success out of school across a wide range of sports including Carla (Year 10) who is an international double silver medallist for Karate and Kata.



BALLARD

BESPOKE EDUCATION

Award-Winning, Co-Educational Day School
for ages 2-16, serving Hampshire & Dorset



Hockey

At Ballard, we start hockey training in Year 1, learning fundamental skills for the future. We have won many titles over the years for hockey. Our current U15 boys are ISA National Champions, with our girls taking third place. Our Year 5&6 mixed team won the Hampshire Cup and our U16 girls were runners up. Many pupils have made regional selection for hockey and we have four Hampshire players. Alumni, Tim Nurse (pictured with current pupils, Olivia and Amy) is now a regular pick for England Men's hockey, whilst brother Nick is following in his footsteps.



Rowing

Former Head Boy, Matt Aldridge, is a successful GB rower, winning Gold at the recent European championships, inspiring our next generation of rowers. Many started out on the School rowing machines during our fitness sessions within our PE Leisure Programme and are now competing for local rowing clubs, including Lymington.



Rugby

Building on our mixed tag rugby success for our Lower Prep pupils, we have enjoyed a lot of success in rugby with a number of pupils playing for Bath and London Irish junior teams, including four current pupils. Others are on the Ultimate Rugby 7s pathway, working with internationally acclaimed coaches and undertaking masterclasses including those on nutrition.