

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DATE
LUNCH	Grilled Tuna with Ponzu Dressing and Coriander and Lime Noodles Beef Bolognaise Wholewheat Pasta Broccoli	Moroccan Chicken Tagine with Herb Cous Cous or Quinoa or Fish Fingers Peas and Carrots	Hoi Sin Beef Stir Fry with Egg Fried Rice or Turkey and Ham Pie Saute Potatoes and Green Beans	Roast Pork or King Prawn and Chorizo Paella Broccoli, Baton Carrots, Roast Potatoes	Southern Fried Chicken or Fishcakes Coleslaw, Chips, Peas or Mixed Salad	1
VEGETARIAN	Quorn Ragu Wholewheat Fusilli Pasta	Sweet Potato, Cauliflower and Lentil Tagine with Herb Cous Cous or Quinoa	Hoi Sin Vegetable Stir Fry with Egg Fried Rice	Paella with Asparagus, Peppers and Green Beans	Potato Cakes with Smoked Applewood and Spring Onion	2
DESSERT	Apple and Rhubarb Crumble, Custard or Fresh Fruit	Warm Chocolate Fudge Cake or Fruit Yoghurt	Blueberry Buckle or Fruit Salad	Sticky Toffee Pudding with Custard or Mixed Fruit Yoghurt	Chocolate and Raspberry Meringue or Flapjack	3
NURSERY, PREPREP & LOWER PREP	Pasta Bolognese Broccoli Apple Crumble and Custard	Fish Fingers Mashed Potatoes Peas & Carrots Fruit Yoghurt	Turkey and Ham Pie Saute Potatoes and Green Beans Blueberry Buckle	Roast Gammon. Broccoli Baton Carrots and Roast Potatoes Sticky Toffee Pudding With Custard	Sausages Chips and Peas Chocolate and Raspberry Meringue	4 WEEK 3

Also available everyday: A wide choice of cold meats, daily salad specials, homemade soup, jacket potatoes, yoghurt, fruit salad and fresh fruit - all from the salad bar. Spring Term 2024