

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | DATE |
|-------------------------------|---|--|---|--|---|------|
| LUNCH | Grilled Salmon Nicoise, Black Olives, Fine Beans and Cherry Tomato Salad Chicken Pesto Pasta and Broccoli | Pork Quesadilla with Sour Cream and Salsa or Fish Fingers, Mashed Potato, Peas and Carrots | Hoi Sin Beef Stir Fry with Egg Fried Rice or Sausage Plait, Sauté Potatoes, Red Onion, Butternut and Kale | Roast Gammon or King Prawn and Chorizo Paella Broccoli, Baton Carrots, Roast Potatoes | Southern Fried Chicken or Fishcakes Coleslaw, Chips, Peas or Mixed Salad | 1 |
| VEGETARIAN | Slow Roast Cherry Tomato and Basil Pesto Pasta | Vegetarian Quesadilla with Sour Cream and Salsa | Hoi Sin Vegetable Stir Fry with Egg Fried Rice | Paella with Asparagus, Peppers and Green Beans | Southern Fried Quorn Coleslaw, Chips, Peas or Mixed Salad | 2 |
| DESSERT | Apple and Plum Crumble with Custard or Fresh Fruit | Fruit Trifle or Fruit Yoghurt | Blueberry Buckle with Cream or Fruit Salad | Black Forest Traybake or Fruit Yoghurt | Cinnamon French Toast with Peaches and Raspberries or Fruit Salad | 3 |
| NURSERY, PREPREP & LOWER PREP | Chicken Pesto Pasta Broccoli Apple and Plum Crumble, with Custard | Fish Fingers Mashed Potatoes Peas and Carrots Fruit Yoghurt | Sausage Plait, Sauté Potatoes and Sweetcorn Blueberry Buckle with Cream | Roast Gammon Broccoli, Baton Carrots and Roast Potatoes Black Forest Traybake | Sausages Chips and Peas Cinnamon and Fruit French Toast | 4 |

Also available everyday: A wide choice of cold meats, daily salad specials, jacket potatoes, yoghurt, fruit salad and fresh fruit - all from the salad bar. Summer Term 2024