	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DATE
WEEK 1	Vegan Meatballs in Tomato and Basil Sauce	Vegetable Korma	Macaroni Cheese	'Chicken', Leek and Potato Pie	Falafel in Pitta	
WEEK 2	Wild Mushroom Risotto	Roasted Sweet Potato, Chickpea and Coconut Curry Poppadom and Mango Chutney	Mediterranean Vegetable Lasagne	Vegan Enchiladas with Guacamole and Potato Wedges	Vegan Burger or Margherita Pizza with Chips	
WEEK 3	Slow Roast Cherry Tomato and Basil Pesto Pasta	Vegan Quesadilla	Hoi Sin Vegetable Stir Fry and Steamed Rice	Paella with Asparagus, Peppers and Green Beans	Southern Fried Quorn, Coleslaw, Chips and Salad	

Vegan Menu